

Chronic Illness Benefit medicine list (Formulary) 2025

Who we are

The Anglovaal Group Medical Scheme (referred to as "the Scheme"), registration number 1571, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Anglovaal Group Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Anglovaal Group Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Contact us

You can call us on **0860 100 693** or visit www.avgms.co.za for more information.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2025 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.



The Chronic Disease List (CDL) medicine list (formulary) for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R250	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R170	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Aeromide 300 dose 200mcg
				Budeflam HFA 300 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
Spirodisc 60 dose 50/100; 50/250; 50/500				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
Sertraline	Dyna Sertraline 50mg; 100mg			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Sertraline	Tralidep 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
				R325
	Epitec 25mg; 50mg; 100mg; 200mg			
	Lamitor 25mg; 50mg; 100mg; 200mg			
	Lamorola 25mg; 50mg; 100mg; 200mg			
	Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg			
	Serinem 25mg; 50mg; 100mg; 200mg			
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largatil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
Quesara XR 150mg; 200mg; 300mg; 400mg				
Quetz 25mg; 100mg; 200mg; 300mg				
Torquit 25mg; 100mg; 200mg; 300mg				
Zimbiquet 25mg; 100mg; 200mg; 300mg				
R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
			Clopixol depot 200mg	
R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Alebon 5mg; 10mg; 15mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Aprizon 5mg; 10mg; 15mg	
				Arizofy 5mg; 10mg; 15mg	
				Priptrin 10mg; 15mg	
				Radzil 5mg; 10mg; 15mg	
				Thryve 5mg; 10mg	
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
				Zoxadon ODT 0.5mg; 1mg; 2mg	
Bronchiectasis	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg	
				Ventimax CFC free 200 dose 100mcg	
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg	
				Ciplasyl Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg; 8/2.5mg	
				Perdotor Plus 4/1.25mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg; 10/2.5mg	
				Trexeva Plus 5/1.25mg	
				Vectoryl Plus 4/1.25mg	
	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg	
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg	
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Lizro 5mg; 10mg; 20mg	
			Perindopril	Pearinda 4mg; 8mg	
				Perdotor 4mg; 8mg	
				Perindopril Unicorn 4mg; 8mg	
				Ran-Perindopril 4mg	
	Reprex 4mg; 8mg				
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
				Rubitrend 6.25mg; 12.5mg; 25mg	
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg	
				Austell Losartan co 50/12.5mg	
				Co-Normoten 50/12.5mg; 100/25mg	
Hylokat 50/12.5mg; 100/25mg					
Losaar Plus 50/12.5mg; 100/25mg					
Sartoc-co 50/12.5mg; 100/25mg					
Zartan co 50/12.5mg; 100/25mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg			
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
				Ticarda 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
Furobe 40mg				
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg	
			Hexazide 25mg	
			Ridaq 12.5mg	
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Cipla-Indapamide 2.5mg	
			Daptril 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
			Spironolactone 25mg Accord 25mg	
			Spironolactone 25 Kiara 25mg	
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Cardiac failure	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg		
			Isosorbide mononitrate	Ismo 20mg		
				Monicor SR 60mg		
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg		
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg		
				Pearinda Plus 4/1.25mg; 8/2.5mg		
				Perdotor Plus 4/1.25mg		
				Perindopril co Unicorn 4/1.25mg		
				Prexum Plus 5/1.25mg; 10/2.5mg		
				Trexeva Plus 5/1.25mg		
				Vectoryl Plus 4/1.25mg		
	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg		
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg		
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg		
				Hypace 5mg		
				Natrapress 10mg; 20mg		
				Tenezil 10mg; 20mg		
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
			Lizro 5mg; 10mg; 20mg	Perindopril	Pearinda 4mg; 8mg	
					Perdotor 4mg; 8mg	
					Perindopril Unicorn 4mg; 8mg	
			Ran-Perindopril 4mg			
			R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
						Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
	Rubitrend 6.25mg; 12.5mg; 25mg					
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg		
				Austell Losartan co 50/12.5mg		
				Co-Normoten 50/12.5mg; 100/25mg		
				Hylokat 50/12.5mg; 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
				Zartan co 50/12.5mg; 100/25mg		
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg		
				Telpres Plus 40/12.5mg; 80/12.5mg		
				Tesar co 40/12.5mg; 80/12.5mg		
				Ticarda Plus 40/12.5mg; 80/12.5mg		
Tremistan Plus 40/12.5mg; 80/12.5mg						
Valsartan and diuretics			Niosar co 80/12.5mg; 160/12.5mg; 160/25mg			
			Regoval co 80/12.5mg; 160/12.5mg; 160/25mg			
			R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
Trobet 150mg; 300mg						
Losartan	Annin 50mg; 100mg					
	Austell Losartan 50mg; 100mg					
	Losartan Accord 50mg; 100mg					
	Losartan Macleods 50mg; 100mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R110	Angiotensin II antagonists: Plain	Losartan	Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
				Ticarda 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
			R85	Anti-thrombotic agents: Vitamin K antagonists
	Segavin 5mg			
	Warfarin 5mg Austell 5mg			
	Warfarin 5 Unicorn 5mg			
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
Cipla-Indapamide 2.5mg				
Daptril 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
			Spironolactone 25mg Accord 25mg	
			Spironolactone 25 Kiara 25mg	
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
		Monicor SR 60mg		
Chronic obstructive pulmonary disease (COPD)	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Ran-Perindopril 4mg
	Reprex 4mg; 8mg			
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
Valsartan and diuretics			Niosar co 80/12.5mg; 160/12.5mg; 160/25mg	
			Regoval co 80/12.5mg; 160/12.5mg; 160/25mg	
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
			Trobet 150mg; 300mg	
		Losartan	Annin 50mg; 100mg	
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Losartan Macleods 50mg; 100mg	
			Normoten 50mg; 100mg	
			Zaario 50mg; 100mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R110	Angiotensin II antagonists: Plain	Losartan	Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
				Ticarda 40mg; 80mg
				Valsartan 80mg; 160mg
			Niosar 80mg; 160mg	
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Fortihem ampoule 5ml 20mg/1ml
				Innofer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
			Erythropoietin	Eprex pre-fill 2000U/0.5ml
				Eprex pre-fill 4000U/0.4ml
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml
Mircera pre-filled syringe 0.3ml 120mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 150mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 200mcg/0.3ml				
Roxadustat			Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg	
R365			Vitamin D and analogues	Alfacalcidol
Coronary artery disease	R35	Aspirin: Cardiovascular	Coprin 100mg	
			Myoprin 100mg	
			Trinprin 100mg	
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
Tenopress 50mg; 100mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Coronary artery disease	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
				Biloblok 5mg; 10mg	
				Bilocor 5mg; 10mg	
				Bislo 5mg; 10mg	
				Bisoprolol Unicorn 5mg; 10mg	
				Emcor 5mg; 10mg	
				Presicard 5mg; 10mg	
	R245	Selective calcium channel blockers with direct cardiac effects		Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg	
	R80	Selective calcium channel blockers with mainly vascular effects		Amlodipine	Amloc 5mg; 10mg
					Amlodac 5mg; 10mg
					Amlodipine Unicorn 5mg; 10mg
					Amtas 5mg; 10mg
					Aprate 5mg; 10mg
					Austell-Amlodipine 5mg; 10mg
					Ciplavasc 5mg; 10mg
					Gulf Amlodipine 5mg; 10mg
					Pendine 5mg; 10mg
					Vasloc 5mg; 10mg
				Felodipine	Felodipine Kiara 5mg; 10mg
				Nifedipine	Adalat XL 30mg
					Cipalat Retard 20mg
					Cipalat XR 30mg; 60mg
					Fedaloc SR 30mg; 60mg
	Fidocare XL 30mg; 60mg				
	Gitsalat 30mg				
R250	Vasodilators in cardiac disease: Organic nitrates		Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg		
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Gulf Folic acid 5mg	
	R880	Intestinal anti-inflammatories: Aminosalicyclic acid and similar agents		Mesalazine	Asacol 400mg; 800mg
					Asacol suppository 500mg
					Mezavant 1200mg
					Pentasa 500mg
					Pentasa suppository 1000mg
					Salofalk 1500mg
				Sulfasalazine	Salazopyrin 500mg
	Salazopyrin EN 500mg				
	R2 220	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml	
	R440	Other immunosuppressive agents: Azathioprine		Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
R110	Other immunosuppressive agents: Methotrexate		Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Crohn's disease	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Diabetes insipidus	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp nasal spray 5ml 0.1mg/1ml	
				Minirin melt 60mcg; 120mcg; 240mcg	
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different insulin classes*** The overall monthly limit is R720				
	R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
				Novorapid - penfill 3ml	
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Glulisine	Apidra - cartridge 3ml	
				Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Lispro		Humalog mix 25 - cartridge 3ml
				Humalog mix 50 - cartridge 3ml	
	R35	Aspirin: Cardiovascular	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
				Insulin Glargine	Optisulin - cartridge 3ml
	R200	Blood glucose monitoring agents	Acetylsalicylic acid	Coprin 100mg	
				Myoprin 100mg	
				Trinprin 100mg	
				Glucose strips	Accu check test strip glucose active
					Accu check test strip glucose instant
					Contour plus blood glucose test strips
					Contour ts blood glucose test strips
					Glucocheck evolve test strip
					Glucocheck key test strip
					On call plus blood glucose strips
					On call sure blood glucose test strips
					Onetouch select plus test strips
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose
	Test strip glucocheck connect				
	Test strip glucose blood fora 6				
	Test strip glucose caresens n 29g				
	Test strip glucose fora diamond blood				
Test strip glucose vivachek ino					
R350	Surgical item	Lancets	Lancet blood collection needle loris		
			Lancet fora collection needle sterile 30g		
			Lancet fora tender needle sterile 33g		
			Lancet freestyle test		
			Lancet glucocheck novicheck		
			Lancet solus v2		
			Lancet unilet sterile 28g		
			Lancet unilet sterile 4cm x 6cm x 7.5cm 28g		
			Microlet lancet		
			Needles	BD micro fine plus pen needle 30g 8mm	
				BD micro fine plus pen needle 31g	
				BD micro fine plus pen needle 32g 4mm	
				Droplet pen needle 8mm 31g	
				Needle insulin fora pen 31g 5mm	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength			
Diabetes mellitus Type 1	R350	Surgical item	Needles	Needle insulin fora pen 31g 8mm			
				Needle insulin fora pen 32g 4mm			
				Needle insulin fora pen 32g 6mm			
				Needle insulin pen verifine 4mmx10cmx15cm 32g			
				Needle insulin pen verifine 4mmx10cmx15cm 33g			
				Needle novofine			
			Syringes	Syringe insulin 1.0ml with 27g needle			
				Syringe insulin bd microfine 12.7mm 1ml 9g			
				Syringe insulin bd microfine 1ml 8mm 30g			
				Syringe insulin bd microfine 8mm demi 0.3ml 30g			
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg			
				Apex-Metformin 500mg			
				Bigsens 500mg; 850mg; 1000mg			
				Carbuce 500mg; 850mg; 1000mg			
				Diaphage 500mg; 850mg; 1000mg			
				Gluconorm 500mg; 850mg			
				Mylan Metformin 500mg; 850mg; 1000mg			
				Romidab 500mg; 850mg; 1000mg			
				Please note that an overall monthly limit applies to Insulins across the different insulin classes The overall monthly limit is R720			
				R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml
							Novorapid - penfill 3ml
		Insulin Glulisine	Apidra - cartridge 3ml				
R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml				
			Insulin Lispro	Humalog mix 25 - cartridge 3ml			
				Humalog mix 50 - cartridge 3ml			
R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml				
			Insulin Glargine	Optisulin - cartridge 3ml			
R125	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diaran MR 60mg				
			Dynacaz MR 30mg; 60mg; 90mg				
			Gliclazide MR Austell 60mg				
			Gliclazide Unicorn MR 30mg				
			Gluctam MR 60mg				
			Glyzid MR 30mg; 60mg				
R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg				
			Pioglitazone hydrochloride Macleods 15mg; 30mg				
R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg				
			Myoprin 100mg				
			Trinprin 100mg				
R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active				
			Accu check test strip glucose instant				
			Contour plus blood glucose test strips				
			Contour ts blood glucose test strips				
			Glucocheck evolve test strip				
			Glucocheck key test strip				
			On call plus blood glucose strips				
			On call sure blood glucose test strips				
			Onetouch select plus test strips				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R200	Blood glucose monitoring agents	Glucose strips	Test strip blood glucose clicks bionime gs550
				Test strip freestyle optium glucose
				Test strip glucocheck connect
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
				Test strip glucose fora diamond blood
				Test strip glucose vivachek ino
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novichack
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
				Needles
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
			Needle insulin fora pen 31g 8mm	
			Needle insulin fora pen 32g 4mm	
			Needle insulin fora pen 32g 6mm	
			Needle insulin pen verifine 4mmx10cmx15cm 32g	
			Needle insulin pen verifine 4mmx10cmx15cm 33g	
			Needle novofine	
Syringes	Syringe insulin 1.0ml with 27g needle			
	Syringe insulin bd microfine 12.7mm 1ml 9g			
	Syringe insulin bd microfine 1ml 8mm 30g			
	Syringe insulin bd microfine 8mm demi 0.3ml 30g			
Dysrhythmia	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R380	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
				Warfarin 5mg Austell 5mg
				Warfarin 5 Unicorn 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
Gulf Atenolol 50mg; 100mg				
Tenopress 50mg; 100mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R130	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg				
Serinem 25mg; 50mg; 100mg; 200mg				
Levetiracetam			Dyna Levetiracetam 250mg; 500mg; 750mg	
			Epikepp 250mg; 500mg; 750mg	
			Levetiracetam Unicorn 250mg; 750mg	
			Redilev 250mg; 500mg; 750mg	
Topiramate	Epimate 25mg; 50mg; 100mg			
	Epitoz 25mg; 50mg; 100mg			
	Toplep 50mg; 100mg; 200mg			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Gulf Folic acid 5mg	
Glaucoma	R235	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
			Dorzolamide	Glaucompress 5ml 2%
				Trusopt 5ml owi 2%



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R275	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01%
	R260	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
	R495	Anti-glaucoma agents: Prostaglandin analogues	Latanoprostene Bunod	Vyzulta 5ml 0.24mcg/1ml
	R300	Anti-glaucoma agents: Prostaglandin analogues	Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
	R275	Anti-glaucoma agents: Prostaglandin analogues	Travoprost	Travatan 2.5ml 0.004%
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%
				Alphagan purite 5ml 1.5mg/1ml
	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%
				Timoptol 5ml 0.5%
				Timoptol-xe 2.5ml 0.5%
	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml
				Azarga 5ml
				Brimoct co 5ml 2mg/5mg
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Duotrav 2.5ml
Ganfort 3ml				
Glauaide-co 5ml				
Glauopt co 5ml				
Glauptico 3ml				
Ocudor co 5ml				
Optitrin				
Timpromat 3ml				
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
				Adco-Prolief 500mg
	R440	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg
				Fibtin 500mg
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
			Coagulation factor IX	Octanate vial 10ml 500U; 1000U
				Haemosolvex IX 500U
R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml	
			Minirin melt 60mcg; 120mcg; 240mcg	
Hyperlipidaemia	R190	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg
	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
	R45	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg
Dezzolip 10mg; 20mg; 40mg				
Vasmak 10mg; 20mg; 40mg; 80mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hyperlipidaemia	R45	Lipid modifying agents: Statins	Simvastatin	Austell-Simvastatin 10mg; 20mg; 40mg
				Choleste 10mg; 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
				Lipidex 10mg; 20mg
				Roltesim 10mg; 20mg; 40mg
				Simcard 10mg; 20mg
Hypertension	R125	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Amlessa 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
				Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R180	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
				Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Rubitrend 6.25mg; 12.5mg; 25mg
	R190	Angiotensin II antagonists and calcium channel blockers	Telmisartan and Amlodipine	Mizart Plus 40/5mg; 40/10mg; 80/5mg; 80/10mg
				Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg
				Tesdyn 40/5mg; 40/10mg; 80/5mg; 80/10mg
Valsartan and Amlodipine			Arlozyb 5/160mg; 10/160mg	
			Calsar 5/80mg; 5/160mg; 10/160mg	
			Dafiro 5/160mg; 10/160mg	
			Forgevasc 5/160mg; 10/160mg	
			Gemvalaz 5/160mg; 10/160mg	
			Tensoforj 5/160mg; 10/160mg	
			Valduo 5/160mg; 10/160mg	
			Valvasc 5/160mg; 10/160mg	
			Zyvasc 5/160mg; 10/160mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
				Valsartan and diuretics
	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg			
	Valheft Co 160/12.5mg; 160/25mg			
	R205	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
Ticarda 40mg; 80mg				
Valsartan			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
R200			Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin
	Urodoxa 4mg			
R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg Timucen 250mg	
R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg	
R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
			Hyperphen 10mg; 50mg	
R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg	
			B-Block 50mg; 100mg	
			Gulf Atenolol 50mg; 100mg	
			Tenopress 50mg; 100mg	
		Bisoprolol	Adco-Bisocor 5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R70	Beta blocking agents: Selective	Bisoprolol	Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R105	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Cipla-Indapamide 2.5mg
				Daptril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Spiractin 25mg
				Spironolactone 25mg Accord 25mg
				Spironolactone 25 Kiara 25mg
	R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
Pendine 5mg; 10mg				
Vasloc 5mg; 10mg				
Felodipine			Felodipine Kiara 5mg; 10mg	
Nifedipine			Adalat XL 30mg	
			Cipalat Retard 20mg	
			Cipalat XR 30mg; 60mg	
			Fedaloc SR 30mg; 60mg	
	Fidocare XL 30mg; 60mg			
	Gitsalat 30mg			
Hypothyroidism	R30	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg
			Roidace 25mcg; 50mcg; 75mcg; 100mcg	
Multiple sclerosis	R100	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg
			Amitriptyline 10mg Austell 10mg	
			Amitriptyline HCl Kiara 25mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Multiple sclerosis	R100	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Trepiline 10mg
				Veikirin 10mg; 25mg
	R315	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg
				Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Parkinson's disease	R345	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
				Kinect 1mg
				Rasapar 1mg
Razeda 1mg				
R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
			Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Diclofenac 50mg Clicks 50mg
				Mylan Diclofenac 25mg; 50mg
			Indomethacin	Panamor AT 50mg
				Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Bren 400mg
				Ibucine 200mg; 400mg
Ibunate 200mg				
Ibusor 200mg				
Naproxen			Napinflam 250mg	
			Naproscript 250mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg
				Ravalef 10mg; 20mg
				Rheumalef 10mg; 20mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Schizophrenia	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
				Fluoxetine
			Zydus Fluoxetine 20mg	
			Sertraline	Dyna Sertraline 50mg; 100mg
				Tralidep 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
Eprolep CR 200mg; 300mg; 500mg				
Navalpro CR 200mg; 300mg; 500mg				
Navalpro liquid 200mg/5ml				
Rubilim CR 200mg; 300mg; 500mg				
Valeptic CR 300mg; 500mg				
R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
			Epitec 25mg; 50mg; 100mg; 200mg	
			Lamitor 25mg; 50mg; 100mg; 200mg	
			Lamorola 25mg; 50mg; 100mg; 200mg	
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg	
			Serinem 25mg; 50mg; 100mg; 200mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Qesara 25mg; 100mg; 200mg; 300mg
				Qesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthenes derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
Clopixol depot 200mg				
R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Alebon 5mg; 10mg; 15mg	
			Aprizon 5mg; 10mg; 15mg	
			Arizofy 5mg; 10mg; 15mg	
			Priptrin 10mg; 15mg	
			Radzil 5mg; 10mg; 15mg	
			Thryve 5mg; 10mg	
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Diclofenac 50mg Clicks 50mg
				Mylan Diclofenac 25mg; 50mg
			Indomethacin	Panamor AT 50mg
				Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Coxflam 7.5mg
				Flexocam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Napinflam 250mg
	Naproscript 250mg			
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
				Warfarin 5mg Austell 5mg
				Warfarin 5 Unicorn 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
Azathioprine PCH 50mg				
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
			Methotrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Salofalk 1500mg
				Sulfasalazine
	Salazopyrin EN 500mg			
R2 220	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml	
R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg



The Chronic Disease List (CDL) Enhanced medicine list (formulary) for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Airathon 4mg; 5mg; 10mg
				Astelair 4mg; 5mg; 10mg
				Lumont 4mg; 5mg; 10mg
				Maclutek 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Montelukast lhc 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Fluticasone			Fluticasone OTC Teva 120 dose 50mcg	
Cardiac failure	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
				Redifarg 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R435	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R465	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R325	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiotor 30 inh capsules with zelpir inhaler
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
Spirodisc 60 dose 50/100; 50/250; 50/500				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
				Clovexa 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
Diabetes mellitus Type 2	R330	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra 10/1000mg
	R225	Anti-diabetic agents: Metformin and Sitagliptin	Metformin and Sitagliptin	Metplitin Co 50/850mg; 50/1000mg
	R175	Dipeptidyl peptidase inhibitors:	Sitagliptin	Metplitin 50mg; 100mg
			Vildagliptin	Zomvil 50mg
	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
Redifarg 10mg				
Sagalatin 10mg				
Dysrhythmia	R700	Anti-thrombotic agents: Direct Thrombin inhibitors: Dabigatran Etxilate	Dabigatran Etxilate	Dabigatran DRL 75mg; 150mg
	R700	Direct factor Xa inhibitors: Apixaban	Apixaban	Apixaban Accord 2.5mg; 5mg
				Apixaban DRL 2.5mg; 5mg
				Eplipix 2.5mg; 5mg
Multiple sclerosis	R6 160	Cytokines and immunomodulators - Other	Glatiramer acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
				Copaxone pre-filled pen 1ml 40mg/1ml
	R4 560	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
				Glomatin 0.5mg
	R4 070	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
				Teriflunomide Adco 14mg
Teriflunomide 14 Teva 14mg				
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 200mg
				Celexii 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 200mg
				Celexii 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg

Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 747	Insulin pump reservoirs and infusion sets

Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic obstructive pulmonary disease (COPD)	R886	Oxygen Concentrator (Rental)

Vaccines

Members approved for Cardiac failure or Cardiomyopathy are eligible for lifetime cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23), with the doses claimed at least one year apart.

Additionally, members approved for Cardiac failure, Cardiomyopathy, or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcal vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

Complaints process

You can lodge a complaint or query with Anglovaal Group Medical Scheme directly on **0860 100 693** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you can lodge a formal dispute by following Anglovaal Group Medical Scheme's internal disputes process.

Members who wish to approach the Council for Medical Schemes for assistance, can do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za. Customer Care Centre: **0861 123 267**/website www.medicalschemes.co.za