

Menopause medicine list (formulary) 2024

Who we are

The Anglovaal Group Medical Scheme (referred to as "the Scheme"), registration number 1571. This is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

Important information you need to know

The Anglovaal Group Medical Scheme Rules set out the requirements for the Chronic Illness Benefit (CIB). The utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on www.avgms.co.za

Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

Anglovaal Group Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay for medicines when we make these.

You get full cover for approved chronic medicine on the medicine list (formulary). For medicine not on the medicine list (formulary), we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms:

Terminology	Description
Chronic Drug Amount (CDA)	The CDA is a set monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.
Medicine class	Medicines with similar chemical structures or similar therapeutic effects.

Formulary medicines and monthly Chronic Drug Amounts

The Menopause medicine list (formulary) applies to the Anglovaal Group Medical Scheme for the 2024 benefit year.

Medicine name	Medicine class	Monthly Chronic Drug Amount (CDA)
Estrofem 1 mg	Estrogens	R205
Estrofen 2mg	Estrogens	R205
Activelle	Progestogens and estrogens, fixed combinations	R285
Novofem	Progestogens and estrogens, sequential preparations	R295
Provera 5mg	Progestogens – Pregnen (4) derivatives	R230
Provera 10mg	Progestogens – Pregnen (4) derivatives	R230

Contact us

For more information call us on **0860 100 693** or visit www.avgms.co.za

Complaints process

You may lodge a complaint or query with Anglovaal Group Medical Scheme directly on **0860 100 693** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Anglovaal Group Medical Scheme's internal disputes process. Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za. Customer Care Centre: **0861 123 267**/website www.medicalschemes.co.za