

Chronic Illness Benefit medicine list (Formulary) 2024

Who we are

The Anglovaal Group Medical Scheme (referred to as "the Scheme"), registration number 1571, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Anglovaal Group Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Anglovaal Group Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Contact us

You can call us on **0860 100 693** or visit www.avgms.co.za for more information.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2024 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.



The Chronic Disease List (CDL) medicine list (formulary) for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R150	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 100mcg; 200mcg
		Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg	
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/250; 50/500
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
Sertraline	Dyna Sertraline 50mg; 100mg			
	Serlife 50mg; 100mg			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Sertraline	Tralidep 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
				R945
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
	Zolanz 5mg; 10mg			
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Qesara 25mg; 100mg; 200mg; 300mg
Torquit 25mg; 100mg; 200mg; 300mg				
Zimbiquet 25mg; 100mg; 200mg; 300mg				
R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
Clopixol depot 200mg				
R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Alebon 5mg; 10mg; 15mg	
			Aprizon 5mg; 10mg; 15mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Aridus 10mg; 15mg	
				Aripiprazole Mylan 5mg; 10mg; 15mg	
				Aripiprazole Teva 5mg; 10mg; 15mg	
				Arizofy 5mg; 10mg; 15mg	
				Priptrin 10mg; 15mg	
				Radzil 5mg; 10mg; 15mg	
				Thryve 5mg; 10mg	
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
				Zoxadon ODT 0.5mg; 1mg; 2mg	
	Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
R260		Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
R20		Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg; 8/2.5mg	
				Perdotor Plus 4/1.25mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg; 10/2.5mg	
				Spec-Perindopril Plus 4/1.25mg	
				Trexeva Plus 5/1.25mg	
				Vectoryl Plus 4/1.25mg	
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg	
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Arya 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Liso 5mg; 10mg; 20mg	
				Lizro 5mg; 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
			Perindopril	Pearinda 4mg; 8mg	
				Perdotor 4mg; 8mg	
				Perindopril Unicorn 4mg; 8mg	
				Prexum 10mg	
Ran-Perindopril 4mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R75	ACE inhibitors: Plain	Perindopril	Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
Valsartan			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
			Regoval 80mg; 160mg	
			Valheft 80mg; 160mg	
R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
			Hyperphen 10mg; 50mg	
R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Biloblok 5mg; 10mg	
			Bilocor 5mg; 10mg	
			Bisbeta 5mg; 10mg	
			Bislo 5mg; 10mg	
			Emcor 5mg; 10mg	
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R40	High-ceiling diuretics	Furosemide	Defulide 40mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R40	High-ceiling diuretics	Furosemide	Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
				Spironolactone 25 Kiara 25mg
R110	Potassium supplements	Potassium chloride	Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
Ran-Perindopril 4mg				
Reprex 4mg; 8mg				
Vectoryl 4mg; 8mg				
Zyace 4mg				
R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R220	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics
			Co-Telza 40/12.5mg; 80/12.5mg	
			Telpres Plus 40/12.5mg; 80/12.5mg	
			Tesar co 40/12.5mg; 80/12.5mg	
			Ticarda Plus 40/12.5mg; 80/12.5mg	
			Tremistan Plus 40/12.5mg; 80/12.5mg	
			Valsartan and diuretics	
			Niosar co 80/12.5mg; 160/12.5mg; 160/25mg	
	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg			
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
				Losartan
			Annin 50mg; 100mg	
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Losartan Macleods 50mg; 100mg	
			Normoten 50mg; 100mg	
			Zaario 50mg; 100mg	
			Zartan 50mg; 100mg	
			Telmisartan	
			Telpres 40mg; 80mg	
			Valsartan	
			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
			Regoval 80mg; 160mg	
	Valheft 80mg; 160mg			
	Vasovan 80mg; 160mg			
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
Myoprin 100mg				
R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Biloblok 5mg; 10mg	
			Bilocor 5mg; 10mg	
			Bisbeta 5mg; 10mg	
			Bislo 5mg; 10mg	
			Emcor 5mg; 10mg	
			Presicard 5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
Spironolactone 25 Kiara 25mg				
R110	Potassium supplements	Potassium chloride	Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
	Vectoryl Plus 4/1.25mg			
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
Natrapress 10mg; 20mg				
Tenezil 10mg; 20mg				
Lisinopril				Adco-Zetomax 5mg; 10mg; 20mg
Liso 5mg; 10mg; 20mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R75	ACE inhibitors: Plain	Lisinopril	Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
Telmisartan			Telpres 40mg; 80mg	
Valsartan			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
			Regoval 80mg; 160mg	
			Valheft 80mg; 160mg	
			Vasovan 80mg; 160mg	
R70			Beta blocking agents: Selective	Bisoprolol
	Biloblok 5mg; 10mg			
	Bilocor 5mg; 10mg			
	Bisbeta 5mg; 10mg			
	Bislo 5mg; 10mg			
	Emcor 5mg; 10mg			
	Presicard 5mg; 10mg			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R300	Calcium supplements	Calcium carbonate	B-cal	
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg	
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml	50mg/1ml
				Equifer ampoule 5ml	100mg/5ml
				Fortihem ampoule 5ml	20mg/1ml
				Innofer ampoule 5ml	100mg/5ml
				Rautevene ampoule 5ml	100mg/5ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
			Erythropoietin	Eporex pre-fill	2000U/0.5ml
				Eporex pre-fill	4000U/0.4ml
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml	50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	120mcg/0.3ml
Mircera pre-filled syringe 0.3ml	150mcg/0.3ml				
Mircera pre-filled syringe 0.3ml	200mcg/0.3ml				
Roxadustat	Evrenzo	20mg; 50mg; 70mg; 100mg; 150mg			
R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg		
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
			Coprin 100mg		
			Myoprin 100mg		
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg
				B-Block	50mg; 100mg
				Tenopress	50mg; 100mg
			Bisoprolol	Adco-Bisocor	5mg; 10mg
				Biloblok	5mg; 10mg
				Bilocor	5mg; 10mg
				Bisbeta	5mg; 10mg
				Bislo	5mg; 10mg
	Emcor	5mg; 10mg			
	Presicard	5mg; 10mg			
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
			Verapamil	Verahexal 240 SR 240mg	
Verapamil 40 Oethmaan 40mg					
R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg	
			Amlodac	5mg; 10mg	
			Amlodipine Kiara	5mg; 10mg	
			Amlodipine Unicorn	5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Besyloc 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Vasloc 5mg; 10mg
			Felodipine Felodipine Kiara 5mg; 10mg	
			Nifedipine	Adalat XL 30mg; 60mg
				Cipalat Retard 20mg
				Cipalat XR 30mg; 60mg
				Fedaloc SR 30mg; 60mg
	Fidocare XL 30mg; 60mg			
	Gitsalat 30mg			
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
				Isosorbide mononitrate
Monicor SR 60mg				
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
			Asacol suppository 500mg	
			Mezavant 1200mg	
			Pentasa 500mg	
			Pentasa suppository 1000mg	
		Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
			R1 940	Intestinal anti-inflammatories: Corticosteroids
R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Diabetes insipidus	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720			
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml
				Novorapid - penfill 3ml
			Insulin Glulisine Apidra - cartridge 3ml	
	Insulin Lispro Humalog - cartridge 3ml			
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml
				Insulin Degludec and Insulin Aspart
			Insulin Lispro	
				Humalog mix 50 - cartridge 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Glargine	Optisulin - cartridge 3ml
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active
				Accu check test strip glucose instant
				Glucocheck evolve test strip
				Glucocheck key test strip
				iHealth Glucose + Testing Strips
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip blood glucose on call plus
				Test strip blood glucose on call sure
				Test strip freestyle optium glucose
				Test strip glucocheck connect
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
	Test strip glucose fora diamond blood			
	Test strip glucose vivachek ino			
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novichack
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
Droplet pen needle 8mm 31g				
Needle insulin fora pen 31g 5mm				
Needle insulin fora pen 31g 8mm				
Needle insulin fora pen 32g 4mm				
Needle insulin fora pen 32g 6mm				
Needle insulin pen verifine 4mmx10cmx15cm 32g				
Needle insulin pen verifine 4mmx10cmx15cm 33g				
Needle novofine				
Syringes			Syringe insulin 1.0ml with 27g needle	
	Syringe insulin bd microfine 12.7mm 1ml 9g			
	Syringe insulin bd microfine 1ml 8mm 30g			
	Syringe insulin bd microfine 8mm demi 0.3ml 30g			
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
				Apex-Metformin 500mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Austell-Metformin 500mg; 850mg	
				Bigsens 500mg; 850mg; 1000mg	
				Carbuce 500mg; 850mg; 1000mg	
				Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Mengen 500mg; 850mg; 1000mg	
				Mylan Metformin 500mg; 850mg; 1000mg	
				Romidab 500mg; 850mg; 1000mg	
	Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit is R720				
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml Novorapid - penfill 3ml	
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine Insulin Lispro	Apidra - cartridge 3ml Humalog - cartridge 3ml	
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml	
			Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml	
			Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml	
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Optisulin - cartridge 3ml	
	R140	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagen MR 60mg	
				Diagluclide MR 60mg	
				Diaran MR 30mg; 60mg	
				Dynacaz MR 30mg; 60mg; 90mg	
				Gliclazide MR Austell 30mg; 60mg	
				Gliclazide Unicorn MR 30mg	
				Gluctam MR 60mg	
				Glyzid MR 30mg; 60mg	
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg	
				Pioglitazone hydrochloride Macleods 15mg; 30mg	
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
Coprin 100mg					
Myoprin 100mg					
R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active		
			Accu check test strip glucose instant		
			Glucocheck evolve test strip		
			Glucocheck key test strip		
			iHealth Glucose + Testing Strips		
			Onetouch select plus test strips		
			Test strip blood glucose clicks bionime gs550		
			Test strip blood glucose on call plus		
			Test strip blood glucose on call sure		
			Test strip freestyle optium glucose		
			Test strip glucocheck connect		
			Test strip glucose blood fora 6		
			Test strip glucose caresens n 29g		
Test strip glucose contour plus					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R200	Blood glucose monitoring agents	Glucose strips	Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose vivachek ino
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novichack
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
	Syringes	Syringe insulin 1.0ml with 27g needle		
		Syringe insulin bd microfine 12.7mm 1ml 9g		
		Syringe insulin bd microfine 1ml 8mm 30g		
Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Dysrhythmia	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
			Tambocor CR 100mg; 200mg	
	R370	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
Bilocor 5mg; 10mg				
Bisbeta 5mg; 10mg				
Bislo 5mg; 10mg				
Emcor 5mg; 10mg				
Presicard 5mg; 10mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Valeptic CR 300mg; 500mg
	R115	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
Levetiracetam			Dyna Levetiracetam 250mg; 500mg; 750mg	
			Epikepp 250mg; 500mg; 750mg	
			Leveseize XR 500mg; 750mg; 1000mg; 1500mg	
			Levetiracetam Unicorn 250mg; 750mg	
			Redilev 250mg; 500mg; 750mg	
Topiramate			Epimate 25mg; 50mg; 100mg	
			Epitoz 25mg; 50mg; 100mg	
Toplep 25mg; 50mg; 100mg; 200mg				
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
Glaucoma	R210	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
			Dorzolamide	Glaucompress 5ml 2%
				Trusopt 5ml owi 2%
	R210	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01%
			Latanoprost	Atana 2.5ml 50mcg/1ml
			Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
			Travoprost	Travatan 2.5ml 0.004%
	R210	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Glaucoma	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%	
				Timoptol-xe 2.5ml 0.5%	
	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
				Brimoct co 5ml 2mg/5mg	
				Co-Atana 2.5ml	
				Combigan 5ml 2mg/5mg	
				Duotrav 2.5ml	
				Ganfort 3ml	
				Glaumide-co 5ml	
				Glauopt co 5ml	
				Ocudor co 5ml	
Xalacom 2.5ml					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg	
				Adco-Prolief 500mg	
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Fibtin 500mg	
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
				Octanate vial 5ml 250U	
				Octanate vial 10ml 500U; 1000U	
			Coagulation factor IX	Haemosolvex IX 500U	
				Octanine F vial 30ml 500U; 1000U	
	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg	
				Ddavp nasal spray 5ml 0.1mg/1ml	
Hyperlipidaemia	R195	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg	
	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg	
	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	
				Sandoz Bezafibrate 400mg	
	R45	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg	
				Astor 10mg; 20mg; 40mg	
				Cholmin 10mg; 20mg; 40mg	
				Dezzolip 10mg; 20mg; 40mg; 80mg	
				Dynator 10mg; 20mg; 40mg; 80mg	
				Lestavor 10mg; 20mg; 40mg	
				Lipogen 10mg; 20mg; 40mg; 80mg	
				Vasmak 10mg; 20mg; 40mg; 80mg	
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
					Austell-Simvastatin 10mg; 20mg; 40mg
			Choleste 10mg; 20mg; 40mg		
Cipla-Simvastatin 10mg; 20mg; 40mg					
Simcard 10mg; 20mg					
Simvacor 10mg; 20mg; 40mg					
Hypertension	R130	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg	
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg	
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
			Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
R195	Angiotensin II antagonists and calcium channel blockers	Telmisartan and Amlodipine	Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg	
		Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg	
			Calsar 5/80mg; 5/160mg; 10/160mg	
			Dafiro 5/160mg; 10/160mg	
			Gemvalaz 5/160mg; 10/160mg	
			Tensoforj 5/160mg; 10/160mg	
			Valvasc 5/160mg; 10/160mg	
			Zyvasc 5/160mg; 10/160mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg			
	R210	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
				Losartan
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Losartan Macleods 50mg; 100mg	
			Normoten 50mg; 100mg	
			Zaario 50mg; 100mg	
			Zartan 50mg; 100mg	
			Telmisartan	Telpres 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
				Regoval 80mg; 160mg
				Valheft 80mg; 160mg
				Vasovan 80mg; 160mg
			R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists
	Urodoxa 4mg			
	R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg Timucen 250mg
R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg	
R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
			Hyperphen 10mg; 50mg	
R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg	
			B-Block 50mg; 100mg	
			Tenopress 50mg; 100mg	
		Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Biloblok 5mg; 10mg	
Bilocor 5mg; 10mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R70	Beta blocking agents: Selective	Bisoprolol	Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R110	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
				Spironolactone 25 Kiara 25mg
	R110	Potassium supplements	Potassium chloride	Ultipot 600mg
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Kiara 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Besyloc 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Vasloc 5mg; 10mg
				Felodipine
			Nifedipine	Adalat XL 30mg; 60mg
				Cipalat Retard 20mg
Cipalat XR 30mg; 60mg				
Fedaloc SR 30mg; 60mg				
Fidocare XL 30mg; 60mg				
Gitsalat 30mg				
R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg	
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
				Trepiline 10mg
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Multiple sclerosis	R7 700	Interferons	Interferon Beta-1A	Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Kinect 1mg
				Rasapar 1mg
				Razeda 1mg
R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
			Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	Methocaps 25mg			
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
	Roxifen 20mg			
	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
Naproxen			Napinflam 250mg	
	Naproscript 250mg			
R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
R880	Intestinal anti- inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg
				Ravalef 10mg; 20mg
				Rheumalef 10mg; 20mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Schizophrenia	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydu Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
	Tralidep 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
Navalpro liquid 200mg/5ml				
Valeptic CR 300mg; 500mg				
R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
			Epitec 25mg; 50mg; 100mg; 200mg	
			Girotec 50mg; 100mg; 200mg	
			Lamitor 25mg; 50mg; 100mg; 200mg	
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg	
Serinem 25mg; 50mg; 100mg; 200mg				
R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Qesara 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
Aripiprazole Mylan 5mg; 10mg; 15mg				
Aripiprazole Teva 5mg; 10mg; 15mg				
Arizofy 5mg; 10mg; 15mg				
Priptrin 10mg; 15mg				
Radzil 5mg; 10mg; 15mg				
Thryve 5mg; 10mg				
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
				R65
Coxflam 7.5mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Flexocam	7.5mg
				Medoxicam	7.5mg
			Piroxicam	Pyrocaps	20mg
				Roxifen	20mg
	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen	200mg
				Betaprofen FC	400mg
				Bren	400mg
				Ibucine	200mg; 400mg
				Ibunate	200mg
				Ibusor	200mg
			Naproxen	Napinflam	250mg
				Naproscript	250mg
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin	5mg
				Segavin	5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
				Coprin	100mg
				Myoprin	100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg	
			Azathioprine PCH	50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
			Panafcort	5mg	
			Trolic	5mg	
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream	0.1%	
			Topivate cream	0.1%	
			Vari-Betamethasone cream	0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol	400mg; 800mg
				Asacol suppository	500mg
				Mezavant	1200mg
				Pentasa	500mg
				Pentasa suppository	1000mg
			Sulfasalazine	Salazopyrin	500mg
		Salazopyrin EN	500mg		
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema	0.02mg/1ml
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
Azathioprine PCH				50mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg



The Chronic Disease List (CDL) Enhanced medicine list (formulary) for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Astelair 4mg; 5mg; 10mg
				Kulair 4mg; 5mg; 10mg
				Maclutek 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
Asthma	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Fluticasone			Fluticasone OTC Teva 120 dose 50mcg	
Cardiac failure	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Duforzig 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R385	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
				Neumotropio 30 inh capsules with zephir inhaler
				Tiores 30 inh capsules with zephir inhaler
				Tiotor 30 inh capsules with zephir inhaler
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/250; 50/500
Sereflo DPI 60 dose 50/100; 50/250; 50/500				
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
				Clovexa 75mg
				Plagrol 75mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R340	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra 10/1000mg
	R245	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
				Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R195	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
				Zomvil 50mg
	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Duforzig 10mg
				Sagalatin 10mg
	Multiple sclerosis	R6 160	Cytokines and immunomodulators - Other	Glatiramer acetate
Copaxone pre-filled pen 1ml 40mg/1ml				
R6 160		Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
				Glomatin 0.5mg
				Myelenea 0.5mg
R5 795		Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
				Auberif 14mg
	Teriflunomide 14 Teva 14mg			
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 100mg; 200mg
				Celecoxib unicorn 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxep 100mg; 200mg
				Coxleon 100mg; 200mg
				Cyretib 100mg; 200mg
				Vexicop 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 100mg; 200mg
				Celecoxib unicorn 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxep 100mg; 200mg
				Coxleon 100mg; 200mg
				Cyretib 100mg; 200mg
				Vexicop 100mg; 200mg

Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 680	Insulin pump reservoirs and infusion sets

Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic obstructive pulmonary disease (COPD)	R886	Oxygen Concentrator (Rental)

Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcal vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

Complaints process

You may lodge a complaint or query with Anglovaal Group Medical Scheme directly on **0860 100 693** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Anglovaal Group Medical Scheme's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za. Customer Care Centre: **0861 123 267**/website www.medicalschemes.co.za