

HEALTHYFOOD

STUDIO

LoveMyVitality – HealthyFood Studio competition



These terms and conditions apply to win two tickets to one Vitality HealthyFood Studio course. The social media competition is taking place from 1 February 2025 and will end on 28 February 2025.

Competition terms and conditions

1. From 1 February 2025 to 28 February 2025, all qualifying entrants who take part in the Valentine's Day HealthyFood Studio social media competition stand a chance to win two tickets to a Vitality HealthyFood Studio course.
2. The promoter of this competition is Vitality HealthyFood Studio.
3. The competition will run from 1 February 2025 (00:00). The closing date of the competition is 28 February 2025, 23:59 ("**Competition Period**").
4. We will not consider any entries made before or after the Competition Period.
5. Eligibility criteria for the competition:
 - 5.1 Entrants need to follow the Vitality HealthyFood Studio Instagram Instagram page ([@vitality_healthyfoodstudio](https://www.instagram.com/vitality_healthyfoodstudio))
 - 5.2 Entrants need to be 18 (eighteen) years old or older.

HEALTHYFOOD

STUDIO

- 5.3 Entrants must tag an Instagram user on the Instagram in-feed post.
6. The competition will be conducted as follows:
 - 6.1 Entrants must follow the Vitality HealthyFood Studio Instagram page and tag a friend on the in-feed post on Instagram.
 - 6.2 Entrant's direct message (DM) should be open to allow us to communicate winnings.
7. For the two tickets to a Vitality HealthyFood Studio prize, all eligible participants will be entered into the random draw where one winner will be chosen. Applicable audit processes will apply.
8. The winner will be selected by Wednesday, 5 March 2025. The winner will be contacted via direct message within one week from when the draw has taken place. Should the winner not respond within 2 (two) working days, an alternative winner will be chosen. The winner's selection shall be done in accordance with the applicable audit processes.
9. Participants of the competition are required to reside in Johannesburg, South Africa.
10. Vitality HealthyFood Studio will not be responsible for costs incurred by the winner relating to the prize.
11. The prize is non-transferable and cannot be exchanged for cash and/or any other consideration.
12. With regards to any of our promotional material and communications, the promoters will not be held responsible for any misrepresentation caused by:
 - 12.1 An unintentional copy error
 - 12.2 A typing error
 - 12.3 An omission that may occur.
13. The promoters reserve the right to revise, alter or end the competition at their discretion and subject to notice. In such an event, all participants will:
 - 13.1 Waive any rights which they may have against the promoters, their affiliates or associated companies.
 - 13.2 Acknowledge that they have no recourse or claim of any nature against Discovery Vitality, Vitality HealthyFood Studio or any entity of the Discovery Group of Companies.
 - 13.3 If we choose to alter or end the competition early, we will let the participants know beforehand.
14. If required as a result of legislation or other legal reasons, the promoters reserve the right to end this competition immediately. If we end the competition, all participants:
15. Agree to waive any rights that they may have in terms of this offer
16. Acknowledge that they will have no recourse against the promoters or their agents.
17. The promoters do not take any responsibility and will not be held liable for any loss, injury or damage of any nature caused as a result of the participant's use of the abovementioned prize.
18. Participants in this promotion understand and agree that to participate in the promotion, the promoters must collect and use personal information about participants. This promotion falls under the terms of the applicable privacy statement and is done in accordance with the provisions of the Protection of Personal Information Act 4 of 2013. You may write to us at privacy@discovery.co.za should you have any questions or concerns regarding how we will use your personal information.
19. You agree that your participation in the competition and your acceptance and/or use of a prize, or any aspect thereof, is voluntary and at your own risk.

HEALTHYFOOD

STUDIO

20. Any violation or attempt to violate any of the competition rules set out herein will result in immediate disqualification of the participant. We are not responsible for any claim, loss, damage, damages, injury or death ("Losses") that may be incurred or suffered by you or any other person as a result of your participation in a competition and/or your acceptance of a prize. You agree to indemnify and hold Discovery Vitality and the Discovery Group harmless in respect of any Losses incurred or suffered as a result of your participation in the competition and/or your acceptance of a prize.
21. In instances where we establish that the participant commits fraud or miscommunicates any information, we reserve the right to cancel the prize with immediate effect, and any referral prize, subject to the particular fraudulent conduct or miscommunication, will not be payable.
22. Employees of Vitality and Discovery Group are not eligible to enter this competition; this includes individuals who are directors, partners, employees, agents of, or consultants to the Promoters or any of the Discovery Group, companies or any other similarly connected individual. By participating in this competition, you agree to the terms and conditions set out in this document.

<https://www.discovery.co.za/wcm/discoverycoza/assets/vitality/healthyfood/hfs-faqs/healthyfood-studio-guide.pdf>