

# **HIV ANTIRETROVIRAL (ARV) MEDICINE LIST (FORMULARY)**

DISCOVERY HEALTH MEDICAL SCHEME  
2025



## HIV Care Programme 2025

### DISCLAIMER

The information contained in this document may be subject to change.

When you register for the HIV Care Programme, you are covered for the care you need. You can be assured of confidentiality at all times. The HIV Care Programme and the utilisation of the benefits on the programme is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The Scheme Rules and the most up to date HIV benefit guide and formularies (medicine lists) are always available on [www.discovery.co.za](http://www.discovery.co.za) under Medical Aid > Find documents and certificates > Benefit information.

Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit [www.discovery.co.za](http://www.discovery.co.za) or click on Find a healthcare provider in the Discovery Health app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on [www.discovery.co.za](http://www.discovery.co.za) under Medical Aid > Find documents and certificates.

### About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year from 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.
Chronic Disease List (CDL)	This is a defined list of chronic conditions that we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	The Chronic Drug Amount is the monthly amount that we pay up to for a medicine class. This amount is subject to a member's plan type. It applies to chronic medicine that is not listed on the medicine list (formulary).
Emergency medical condition	An emergency medical condition may be referred to, simply, as an emergency. It is the sudden and, at the time, unexpected onset of a health condition that requires immediate medical and surgical treatment. Failure to give this medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part, or it would place the person's life in serious jeopardy. An emergency does not necessarily need you to be admitted to a hospital and you may be treated in casualty only. We may ask you for more information to confirm the emergency.
ICD-10 code	A clinical code that describes diseases and signs, symptoms, abnormal findings, complaints, social circumstances and external causes of injury or diseases, as classified by the World Health Organization (WHO).
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.



TERMINOLOGY	DESCRIPTION
NAPPI code	This is a unique identifier for a given medicine, surgical or consumable product.
Prescribed Minimum Benefits	<p>In terms of the Medical Schemes Act 131 of 1998 and its Regulations, all medical schemes have to cover the cost related to the diagnosis, treatment and care of:</p> <ul style="list-style-type: none"> <li>• An emergency medical condition</li> <li>• A defined list of 271 diagnoses</li> <li>• A defined list of 27 chronic conditions.</li> </ul> <p>The Council for Medical Schemes has set the following rules for how to access Prescribed Minimum Benefits:</p> <ul style="list-style-type: none"> <li>• Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit conditions.</li> <li>• The treatment that you need must be provided for in the defined benefits.</li> <li>• You must use designated service providers in our network. This does not apply in emergencies. Where appropriate and in line with the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a designated service provider, we will pay up to 80% of the Discovery Health Rate. You will be responsible for the difference between what we pay and the actual cost of your treatment.</li> </ul> <p>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.</p>

## HIV antiretroviral (ARV) medicine list (formulary)

NAPPI CODE	PRODUCT NAME	STRENGTH	FORM	MEDICINE CLASS	2025 EXECUTIVE, COMPREHENSIVE CORE, PRIORITY SAVER, CHRONIC DRUG AMOUNT (CDA)
715992	Adco lamivudine & zidovudine 150mg/300mg	150mg/300mg	Tablet	Antiviral Combinations - Zidovudine and lamivudine	225
707300	Cipla-duovir	150mg/300mg	Tablet	Antiviral Combinations - Zidovudine and lamivudine	225
715997	Adco emtevir 200mg/300mg	200mg/300mg	Tablet	Antiviral Combinations - Tenofovir disoproxil and emtricitabine	235
720869	Hetemcit 200mg/300mg	200mg/300mg	Tablet	Antiviral Combinations - Tenofovir disoproxil and emtricitabine	235
718676	Cipla lamivudine & tenofovir 300mg/300mg( Mivuten)	300mg/300mg	Tablet	Antiviral Combinations - Lamivudine and tenofovir disoproxil	230
3003683	Lomida 50mg/300mg	50mg/300mg	Tablet	Antiviral Combinations - Lamivudine and dolutegravir	270

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721430	Trenvir	50mg/300mg	Tablet	Antiviral Combinations - EmtriciTabletine, tenofovir disoproxil and efavirenz	220
3001233	Triploco	50mg/300mg	Tablet	Antiviral Combinations - emtricitabine, tenofovir disoproxil and efavirenz	220
3002312	Hetripco	50mg/300mg	Tablet	Antiviral Combinations - emtricitabine, tenofovir disoproxil and efavirenz	220
723043	Elteno	50mg/300mg	Tablet	Antiviral Combinations - Efavirenz, tenofovir disoproxil and lamivudine	220
3000585	Nuvaco	50mg/300mg	Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	220
3000532	Reydin	50mg/300mg	Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	220
3000596	Luvigen	50mg/300mg	Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	220
700924	Kaletra	200mg/50mg	Syrup	Antiviral Combinations - Lopinavir and ritonavir 2	400
710028	Aluvia 200mg/50mg	200mg/50mg	Tablet	Antiviral Combinations - Lopinavir and ritonavir 2	400
720864	Rilovia 200mg/50mg	200mg/50mg	Tablet	Antiviral Combinations - Lopinavir and ritonavir 2	400
715433	Aluvia 100mg/25mg	200mg/50mg	Tablet	Antiviral Combinations - Lopinavir and ritonavir 2	400
3001450	Lopimune oral pellets 40mg/10mg	200mg/50mg	Single-pill combination	Antiviral Combinations - Lopinavir and ritonavir 2	400
712932	Adco-efavirenz	200mg	Capsule	Antivirals - NNRTI's - Efavirenz	145
715585	Adco-efavirenz	50mg	Capsule	Antivirals - NNRTI's - Efavirenz	145
709331	Cipla-efavirenz	600mg	Tablet	Antivirals - NNRTI's - Efavirenz	145
709545	Adco-efavirenz	600mg	Tablet	Antivirals - NNRTI's - Efavirenz	145

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708708	Adco-lamivudine	10mg/1mL	Solution	Antivirals - NRTI's - Lamivudine	60
707962	Adco-lamivudine	150mg	Tablet	Antivirals - NRTI's - Lamivudine	60
710604	Viropon	50mg/5mL	Suspension	Antivirals - NNRTI's - Nevirapine	205
707961	Adco-nevirapine	200mg	Tablet	Antivirals - NNRTI's - Nevirapine	205
720866	Adco abacavir	20mg/1mL	Solution	Antivirals - NRTI's - Abacavir	670
3001798	Hetacav oral	20mg/1mL	Solution	Antivirals - NRTI's - Abacavir	670
718160	Kavimun paed	60mg	Tablet	Antivirals - NRTI's - Abacavir	670
715993	Adco tenofovir	300mg	Tablet	Antivirals - NRTI's - Tenofovir disoproxil	170
708709	Adco-zidovudine	50mg/5mL	Syrup	Antivirals - NRTI's - Zidovudine	165
707960	Adco-zidovudine	300mg	Tablet	Antivirals - NRTI's - Zidovudine	165
721595	Norvir	100mg	Tablet	Antivirals - Protease Inhibitors	55
3005169	Duotemtric	200mg/300mg	Tablet	Antiviral Combinations - Tenofovir disoproxil and emtricitabine	235
721720	Rizene	200mg/300mg/600mg	Tablet	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	220
3006556	Triovir	200mg/300mg/600mg	Tablet	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	220
3000571	Telatri	50mg/300mg/300mg	Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	220
3000426	Acryptega	50mg/300mg/300mg	Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	220
3000605	Kovatrax	50mg/300mg/300mg	Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	220
3002048	Tarito	300mg/100mg	Tablet	Antiviral Combinations - Atazanavir and ritonavir	380

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300	Zatonav	300mg/100mg	Tablet	Antiviral Combinations - Atazanavir and ritonavir	380
3002386	Riadem	300mg/100mg	Tablet	Antiviral Combinations - Atazanavir and ritonavir	380
3006839	Mylonza	300mg/300/400mg	Tablet	Antiviral combinations - Efavirenz, tenofovir disoproxil and lamivudine	220
3006937	Trilef	300mg/300/400mg	300mg/300/400mg	Antiviral combinations - Efavirenz, tenofovir disoproxil and lamivudine	220

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## Working to care for and protect you

Our goal is to provide support for you in the times when you need it most.

### How to contact us

Tel (members): 0860 99 88 77, Tel (health partners): 0860 44 55 66

Go to [www.discovery.co.za](http://www.discovery.co.za) to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

### What to do if you have a complaint

#### 01 | TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been solution, please complete our online complaints form on [www.discovery.co.za](http://www.discovery.co.za). We would also love to hear from you if we have exceeded your expectations.

#### 02 | TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the solution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on [www.discovery.co.za](http://www.discovery.co.za) or by emailing [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

#### 03 | TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the [website](#).

#### 04 | TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) | 0861 123 267 | [www.medicalschemes.co.za](http://www.medicalschemes.co.za).

### Your privacy is important to us

We hold your privacy in the highest regard. Our unwavering commitment to protecting your personal information and ensuring the security and confidentiality of your data is clearly outlined in our Privacy Statement. You can view our latest version on [www.discovery.co.za](http://www.discovery.co.za) > Medical aid > About Discovery Health Medical Scheme.