

VERTEBRAE



Vertebrae (singular: vertebra) are bones that make up the spinal column and protect the spinal cord. Humans have 33 vertebrae in total: seven in the cervical (neck) area; 12 in the thoracic (chest) area, five in the lumbar (lower back) area, five in the sacrum (below the lumbar region), and five in the coccyx (tailbone).



Disney
BE HEALTHY
BE ACTIVE